



## **Postoperative Instructions for LAPAROSCOPIC CHOLECYSTECTOMY**

See your doctor in 10-14 days for a postoperative check. You must call our office at 602-995-0822 to schedule the appointment.

- You may remove bandages in 48 hours; leave steri-strips on until follow-up appointment
- Do not submerge incisions under water (pool, bathtub) for 2 weeks. Showering is okay once bandages are off
- Do not lift anything over 15 lbs for 2 weeks
- Ambulate frequently and stay active
- Take narcotic prescription as directed
- Take over-the-counter ibuprofen 400mg by mouth every 8 hours for two days
- No aspirin for 10 days
- Do not drive a car or drink alcohol while taking narcotic pain medications

Based on the FDA narcotic reclassification, we can no longer call in ANY narcotic pain medications. Plan accordingly; to obtain a refill you must call the office during business hours on weekdays and allow 24hrs for the paper prescription to be filled out. The after-hours and on-call surgeon cannot provide you with a narcotic prescription.