



Postoperative Instructions for LAPAROSCOPIC CHOLECYSTECTOMY

See your doctor in 10-14 days for a postoperative check. You must call our office at 602-995-0822 to schedule the appointment.

- You may remove bandages in 48 hours; leave steri-strips on until follow-up appointment
- Do not submerge incisions under water (pool, bathtub) for 2 weeks. Showering is okay once bandages are off
- Do not lift anything over 15 lbs for 2 weeks
- Ambulate frequently and stay active
- Take narcotic prescription as directed
- Take over-the-counter ibuprofen 400mg by mouth every 8 hours for two days
- No aspirin for 10 days
- Do not drive a car or drink alcohol while taking narcotic pain medications

Per office policy we do not fill narcotic prescriptions after hours or on holidays. The after-hours and on-call surgeon does not know your case and will not provide you with a narcotic prescription. Please call the office prior to noon the last day of the business week in order to get a refill prior to the weekend. Thank you for your understanding.